

Personality Strengths

There can be times when we say to ourselves 'There's really nothing I like about that person!' But God created each and every person in His Image.

One of the best ways to grow a love for someone who is hard to love is to pray for them, thanking God for how He created them and His image in them. But if you are like me and so many others, it can sometimes be hard to see the 'good'. Sometimes we can't see God's image in them at all! That's where this Personality Strengths List comes in.

Using the Personality Strengths List

Pick someone to focus on, and print off a copy of this list.

The first time you go through the list, you should do so quickly. Use a highlighter to mark the obvious strengths that this person has. Spend time praying through those, thanking God for revealing Himself through His image in that person.

On another day, ask God to reveal other areas of strength this person may have that you hadn't recognized before. Mark these with a different colored highlighter. Pray thanksgiving through the list again.

Keep praying your way through the list, perhaps once a day, or several times a week. Highlight or add any additional strengths as they come to light.

Putting Feet to Faith

We know we are supposed to use our words to build up and not tear down. But sometimes it is so hard to come up with encouraging things to say!

This list can help you. Once you have your highlights marking the strengths of the person you want to encourage, you have something to say! Write a note, call them up, or catch them face-to-face and mention one of the fabulous strengths you see in their personality.

Don't do it just once! Stretch yourself – Can you do it every week? Maybe even every day?

Learn to look for God's image in those around you and use your words to encourage them.

May God bless you as you search for His character in the people you rub shoulders with, and as you purpose to bless them.

Carla Anne

More Resources

Check out the [free resources](#) at carlaanne.com for many other helpful tools.

About Carla Anne

[Carla Anne Coroy](#) is a Christian speaker and blogger, and the author of *Married Mom, Solo Parent*. She ministers to a wide audience through her website and blog at carlaanne.com.

Carla Anne has served full-time with organizations such as Youth for Christ and Crown Financial Ministries, and is currently developing an international mentoring organization for youth and a ministry to wives who parent alone. She also serves as a staff writer for the online magazine *Mentoring Moments for Christian Women*.

Carla Anne lives in Canada with her husband and four homeschooled children.

- Attractive personality
- Everybody loves them
- Life of the party
- Full of life
- Talkative
- Often humorous
- Remembers and tells jokes well
- They make friends easily
- Doesn't hold grudges
- Very creative
- Lots of energy
- Loves to read
- Has a great vocabulary
- Great at adapting
- Can handle change well
- Loves variety
- Loves to travel
- Loves to learn
- Has interests in many different activities
- Spontaneous
- Smiles often and easily
- Unassuming
- Agreeable
- Intuitive
- Great at collecting facts
- Quick to see relationships between seemingly conflicting points
- Has 'connect-the-dot-thinking'
- Loves to generalize
- Reads between the lines easily
- Big Picture thinker
- Highly imaginative
- Abstract thinker
- Puts a high priority on relationships
- Peace-maker
- Reads body language well
- Extremely cooperative
- Loves team work
- Very sympathetic
- Trusting
- Looks out for the under-dog
- Empathetic
- Quick to analyze themselves
- Concerned about a friend's 'deepest feelings'
- Very loyal in relationships
- Very compassionate
- Empathetic
- Good with money
- Great/many business ideas
- Natural business person
- Very practical
- Constant focus on self-improvement
- Finds opportunities
- Is usually successful
- Enjoys work
- Loves independence
- Can make & manage systems
- Organizer
- Enjoys math
- Is exact
- Has exceptional spatial skills
- Musical
- Athletic
- Goal-oriented
- Very focused
- Deep & narrow when concentrating
- Analytical
- Logical

- Straightforward
- Pragmatic
- Quick decision maker
- Take-action person
- Works well alone
- Sets goals & reaches them
- Problem solver
- Confident
- Bold
- Can work long hours
- Withstands discomfort to reach goal
- Competitive
- Determined
- Intelligent
- Loves knowledge
- Controls emotions well
- Loyal
- Careful
- Values respectability
- Places high value on morals
- Loves tradition
- Loves normalcy
- Respectful to authority
- Rule follower
- Comfortable in hierarchies
- Loves structure and order
- Views self as part of a larger community
- Calm
- Self-confident
- Has deep family attachments
- Orderly
- Loves predictability
- Makes plans & schedules
- Loves routine
- Loves repetitive activities
- Remembers details
- Homebody
- Precise & accurate in speech
- Hates distractions
- Persistent
- Patient
- Not easily bored
- Loves traditional clothing
- Loves classic styles
- Great manager or administrator
- Reliable
- Charitable
- Plans well
- Plans well-ahead
- Frugal
- Likes to-do lists
- Loves playing with kids
- Their friends' kids love them
- The party is at their house
- Playing is best part of their day
- Tends toward laughter & fun
- Offers kids great fun field trips & experiences
- Their life is never boring
- Considers a snow day to be a chance to do 'fun' stuff
- Not bothered as much by noise
- They can make anything fun!
- Great fashion sense
- Loves bright colors
- Loves talking with kids
- Loves reading to kids
- Rarely bothered by disruptions
- Loves last minute plans
- Loves family
- Great at building 'heart' relationships

- Quick to notice areas of need
- Super teacher
- Sees the 'good' in bad situations
- Anticipates situations before they happen
- Has long-term parenting goals
- Provides imaginative play ideas
- Great mediator between siblings & friends
- Plans fabulous family activities
- Will cry with hurting child
- Will make kids feel special
- Quick to 'come alongside'
- Draws out children's emotions
- Isn't afraid of 'feelings' talks
- Good decision maker
- Sets up efficient routines
- Sets up organization systems
- Teaches household skills early
- Looks for and finds opportunities for kids to get involved in community or church
- Has a clean, tidy, organized home
- Bakes with children
- Has children work alongside
- Values music lessons
- Values sports, especially independent sports
- Teaches science as part of everyday life
- Pays careful attention to children's problems
- Enjoys working at home
- Does not quickly feel cooped-up at home all day every day
- Accomplishes much every day
- Their children are well-organized
- Homework helper
- Values academics
- Doesn't display negative emotions easily
- Strong believer in natural consequences
- Sees family as a refuge
- Teaches high moral standards
- Sets up daily routines
- Teaches respect of authority
- Establishes family traditions
- Establishes rules in the home
- Clearly lays out roles for people they are responsible for
- Connects children to extended family, especially grandparents, aunts & uncles
- Values the older generation
- Rarely gets riled
- Isn't easily swayed by the emotion or words of a child
- Plans out the week/month/year, not just the day. Has long-term plans.
- Makes personal occasions a big deal
- Quick to teach accuracy in word – no lying or exaggerating
- Has a home that's usually calm and quiet
- Can manage a home on a tight budget
- Uses charts efficiently
- Chooses to be involved in long-term play-groups or social groups to give their children a sense of belonging to a community